SUNDAY	MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	Saturday
		Ma	rch	100		9:30 Saturday Stretch 10:00 Weekend News 10:30 Whiteboard Games 11:00 Hydration Time 1:00 1:1 Activities 1:30 Penny Ante Game 3:00 Rice Cakes 3:30 Sing Along with Susie Q
9:30 Coffee & Chat 10:00 Sunday Service 2	9:30 Morning Movement 3	9:30 Sit & Fit 10:00 On This Date <b>4</b>	9:30 Light & Lively Exercise 5	9:30 Chair Exercises 10:00 Morning News	9:30 Friday Fitness 10:00 New in the News	9:30 Saturday Stretch 10:00 Weekend News
with St. Ann's	10:30 March Trivia	10:30 Live Entertainment	10:00 Daily Chronicle	10:30 Crafting with	10:30 Balloon Volley	10:30 Bucket Ball
10:30 Daily Paper 11:00 Hydration Time	11:00 Hydration Time 1:30 Music & Manicures	with Bill Frye 11:00 Hydration Time	10:30 Guess the Song Lyrics 11:00 Hydration Time	Compassus 11:00 Hydration Time	11:00 Hydration Time 1:00 Hall Walkers	11:00 Hydration Time 1:00 1:1 Activities
1:00 1:1 Activities	2:00 Prize Bingo	1:30 "Fat Tuesday":	1:30 Cornhole Competition	1:30 Adult Coloring Social	2:00 Prize Bingo	1:30 Weekend Crafters
1:30 Puzzles & Music	3:00 Sundaes on Mondays	Discussion & Trivia	3:00 Chips & Dip	3:00 Yogurt & Fruit	3:00 Mini Pizzas	3:00 Rice Cakes
3:00 Popcorn 3:30 Music Videos	3:30 Jokes & Riddles	3:00 Soft Pretzels 3:30 Thinklers	3:30 Tongue Twisters	3:30 Finishing Lines	3:30 Short Stories	3:30 Mind Joggers
9:30 Coffee & Chat	9:30 Morning Movement	9:30 Sit & Fit <b>11</b>	9:30 Light & Lively 12	9:30 Chair Exercises 12	9:30 Friday Fitness 1 /	9:30 Saturday Stretch 15
10:00 Sunday Service	10:00 Today in History	10:00 On This Date	Exercise	10:00 Morning News	9:30 Friday Fitness 10:00 New in the News	10:00 Weekend News
with St. Ann's	10:30 Pondering Prompts	10:30 Spring Cleaning	10:00 Live Entertainment	10:30 Balloon Volley	10:30 Finish the Sentence	10:30 Bucket Ball
10:30 Daily Paper 11:00 Hydration Time	11:00 Hydration Time 1:30 Music & Manicures	Discussion 11:00 Hydration Time	with John Stevens 11:00 Daily Chronicle	11:00 Hydration Time 1:30 Conversation	11:00 Hydration Time 1:00 Hall Walkers	11:00 Hydration Time 1:00 1:1 Activities
1:00 1:1 Activities	2:00 Prize Bingo	1:30 Cornhole	1:30 Afternoon Crafters	Starters	2:00 Prize Bingo	1:30 Remembering Irish
1:30 Name That Tune	3:00 Sundaes on Mondays	Competition	3:00 Chips & Dip	3:00 Yogurt & Fruit	3:00 Mini Pizzas	Songs
3:00 Popcorn 3:30 Jukebox Classics	3:30 Cranium Crunches	3:00 Soft Pretzels 3:30 This or That	3:30 Fact or Fiction	3:30 Afternoon Sing Along	3:30 What Would You Do?	3:00 Rice Cakes 3:30 Relax & Unwind
9:30 Coffee & Chat	9:30 Morning Movement 7		9:30 Light & Lively <b>19</b>		9:30 Friday Fitness <b>21</b>	9:30 Saturday Stretch
10:00 Sunday Service	10:00 Today in History	9:30 Sit & Fit 10:00 On This Date	Exercise	9:30 Chair Exercises 20 10:00 Morning News	10:00 New in the News	10:00 Weekend News
with St. Ann's	10:30 Craft Club: St. Patrick's	10:30 A-Z Word Games	10:00 Daily Chronicle	10:30 Mind Joggers	10:30 Penny Ante Game	10:30 Cranium Crunches
10:30 Daily Paper 11:00 Hydration Time	Day 1:30 Music & Manicures	11:00 Hydration Time 1:30 Jenga Social	10:30 Name That 11:00 Hydration Time	11:00 Hydration Time 1:30 Happy Spring:	11:00 Hydration Time 1:00 Hall Walkers	11:00 Hydration Time 1:00 1:1 Activities
1:00 1:1 Activities	2:00 Prize Bingo	3:00 Soft Pretzels	1:30 Blurt Word Game	Discussion	2:00 Prize Bingo	1:30 Weekend Crafters
1:30 Hymn Sing Along	3:00 Sundaes on Mondays	3:30 Clue Trivia	3:00 Chips & Dip	3:00 Yogurt & Fruit	3:00 Mini Pizzas	3:00 Rice Cakes
3:00 Popcorn 3:30 UNO Club	3:30 St. Patrick's Day Riddles		3:30 1940's Music Videos	3:30 Table Talk Reminisce	3:30 Sing Along with Susie Q	3:30 Saturday Sing Along
		9:30 Sit & Fit 10:00 On This Date 25	9:30 Light & Lively 26			9:30 Saturday Stretch29
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's	10:00 Today in History	10.00 Off ffils Date	Exercise	9:30 Chair Exercises 27 10:00 Morning News	9:30 Friday Fitness 28 10:00 New in the News	10:00 Weekend News
with St. Ann's 10:30 Daily Paper	10:30 Bean Bag Toss 11:00 Hydration Time	10:30 Live Entertainment with Lorri Woodward	10:00 Daily Chronicle 10:30 What Did It Cost?	10:30 Baking Club 11:00 Hydration Time	10:30 Balloon Volley 11:00 Hydration Time	10:30 Word in a Word 11:00 Hydration Time
11:00 Hydration Time	1:30 Music & Manicures	11:00 Hydration Time	11:00 Hydration Time	1:30 Bucket Ball	1:00 Hall Walkers	1:00 1:1 Activities
1:00 1:1 Activities	2:00 Prize Bingo	1:30 Tabletop Games	1:30 Puzzles & Music	3:00 Yogurt & Fruit	2:00 Prize Bingo	1:30 Adult Coloring Social
1:30 Bean Bag Toss	3:00 Sundaes on Mondays	3:00 Soft Pretzels	2:00 Resident Council	3:30 Jukebox Classics	3:00 Mini Pizzas	3:00 Rice Cakes
3:00 Popcorn 3:30 Relax & Unwind	3:30 1950's Trivia	3:30 Sir Elton John Day	3:00 Chips & Dip 3:30 Birds & Bloom		3:30 1940's Memory Lane	3:30 Riddle Me This
	9:30 Morning Movement 31					
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's	10:00 Today in History 10:30 What Did It Cost?	South Mountain Memory Care				
10:30 Daily Paper	11:00 Hydration Time	201 S. 7th Street, Emmaus PA, 18049				
11:00 Hydration Time 1:00 1:1 Activities	1:30 Music & Manicures 2:00 Prize Bingo	Phone (610)-965-7662 Fax (610)-965-7664				
1:30 Jeopardy Day!	3:00 Sundaes on Mondays	I none (010)-903-7002 Fax (010)-903-7004				
3:00 Popcorn	3:30 Short Stories					
3:30 Name That						