

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Hello, February!

SOUTH MOUNTAIN MEMORY CARE
201 S. 7TH STREET, EMMAUS PA, 18049
PHONE (610)-965-7662 FAX (610)-965-7664

<p>9:30 COFFEE & CHAT 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 BUCKET BALL 3:00 POPCORN 3:30 GROUNDHOG DAY: TRIVIA</p>							2	<p>9:30 SATURDAY STRETCH 10:00 WEEKEND NEWS 10:30 HARLEM RENAISSANCE DAY: DISCUSSION 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 PENNY ANTE GAME 3:00 RICE CAKES 3:30 NAME THAT TUNE</p>							1					
<p>9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:30 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS 3:30 RIDDLES</p>		3	<p>9:30 SIT & FIT 10:00 ON THIS DATE 10:30 CRAFTING WITH THE ALLENTOWN ART MUSEUM 11:00 HYDRATION TIME 1:30 ROSA PARKS BIRTHDAY 3:00 SOFT PRETZELS 3:30 FINISH THE...</p>		4	<p>9:30 LIGHT & LIVELY EXERCISE 10:00 DAILY CHRONICLE 10:30 A-Z WORD GAME 11:00 HYDRATION TIME 1:30 OLD WIVES TALES 3:00 CHIPS & DIP 3:30 JUKEBOX CLASSICS</p>		5	<p>9:30 CHAIR EXERCISES 10:00 MORNING NEWS 10:30 CRAFT CLUB: VALENTINES DAY 11:00 HYDRATION TIME 1:30 CORNHOLE COMPETITION 3:00 YOGURT & FRUIT 3:30 THNIKERS</p>		6	<p>9:30 FRIDAY FITNESS 10:00 NEW IN THE NEWS 10:30 CANDY PHRASES: FINISH THE LINE 11:00 HYDRATION TIME 1:00 HALL WALKERS 2:00 PRIZE BINGO 3:00 MINI PIZZAS 3:30 THIS OR THAT</p>		7	<p>9:30 SATURDAY STRETCH 10:00 WEEKEND NEWS 10:30 FEBRUARY TRIVIA 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 WEEKEND CRAFTERS 3:00 RICE CAKES 3:30 MUSIC VIDEOS</p>		8			
<p>9:30 COFFEE & CHAT 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 SUPERBOWL SUNDAY FUN 3:00 POPCORN 3:30 HYMN SING ALONG</p>		9	<p>9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 WHAT DID IT COST? 11:00 HYDRATION TIME 1:30 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS 3:30 TONGUE TWISTERS</p>		10	<p>9:30 SIT & FIT 10:00 ON THIS DATE 10:30 LIVE ENTERTAINMENT WITH BILL FRYE 11:00 HYDRATION TIME 1:30 BEAN BAG TOSS 3:00 SOFT PRETZELS 3:30 BLURT WORD GAME</p>		11	<p>9:30 LIGHT & LIVELY EXERCISE 10:00 DAILY CHRONICLE 10:30 ABRAHAM LINCOLN DAY 11:00 HYDRATION TIME 1:30 JENGA SOCIAL 3:00 CHIPS & DIP 3:30 CRANIUM CRUNCHES</p>		12	<p>9:30 CHAIR EXERCISES 10:00 MORNING NEWS 10:30 PONDERING PROMPTS 11:00 HYDRATION TIME 1:30 VALENTINES COLORING SOCIAL 3:00 YOGURT & FRUIT 3:30 FINISHING LINES</p>		13	<p>9:30 FRIDAY FITNESS 10:00 NEW IN THE NEWS 10:30 COOKING CLUB 11:00 HYDRATION TIME 1:00 HALL WALKERS 2:00 PRIZE BINGO 3:00 MINI PIZZAS 3:30 SUSIE Q SING ALONG</p>		14	<p>9:30 SATURDAY STRETCH 10:00 WEEKEND NEWS 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 CORNHOLE COMPETITION 3:00 RICE CAKES 3:30 FACT OR FICTION</p>		15
<p>9:30 COFFEE & CHAT 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 SORRY BOARD GAME 3:00 POPCORN 3:30 SING ALONG WITH SUSIE Q</p>		16	<p>9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 REMEMBERING GOING TO THE MOVIES 11:00 HYDRATION TIME 1:30 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS 3:30 JOKES AND RIDDLES</p>		17	<p>9:30 SIT & FIT 10:00 ON THIS DATE 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:30 PUZZLES & MUSIC 3:00 SOFT PRETZELS 3:30 UNO CLUB</p>		18	<p>9:30 LIGHT & LIVELY EXERCISE 10:00 DAILY CHRONICLE 10:30 LIVE ENTERTAINMENT WITH JOHN STEVENS 11:00 HYDRATION TIME 1:30 KING OF MOTOWN: TRIVIA & DISCUSSION 3:00 CHIPS & DIP 3:30 FAMILY FEUD</p>		19	<p>9:30 CHAIR EXERCISES 10:00 MORNING NEWS 10:30 A-Z WORD GAMES 11:00 HYDRATION TIME 1:30 COLORFUL CREATIONS 3:00 YOGURT & FRUIT 3:30 NAME THAT TUNE</p>		20	<p>9:30 FRIDAY FITNESS 10:00 NEW IN THE NEWS 10:30 CONVERSATION STARTERS 11:00 HYDRATION TIME 1:00 HALL WALKERS 2:00 PRIZE BINGO 3:00 MINI PIZZAS 3:30 JOKES & RIDDLES</p>		21	<p>9:30 SATURDAY STRETCH 10:00 WEEKEND NEWS 10:30 JEOPARDY COMPETITION 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 PUZZLES & MUSIC 3:00 RICE CAKES 3:30 MIND JOGGERS</p>		22
<p>9:30 COFFEE & CHAT 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 REMEMBER HUMPHREY BOGART 3:00 POPCORN 3:30 HYMN SING ALONG</p>		23	<p>9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 PENNY ANTE GAME 11:00 HYDRATION TIME 1:30 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS 3:30 FEBRUARY TRIVIA</p>		24	<p>9:30 SIT & FIT 10:00 ON THIS DATE 10:30 LIVE ENTERTAINMENT WITH LORRI WOODWARD 11:00 HYDRATION TIME 1:30 TABLETOP GAMES 3:00 SOFT PRETZELS 3:30 BIRDS & BLOOM</p>		25	<p>9:30 LIGHT & LIVELY EXERCISE 10:00 DAILY CHRONICLE 10:30 FATS DOMINO DAY 11:00 HYDRATION TIME 1:30 REMINISCE: THE WORKING LIFE 2:00 RESIDENT COUNCIL 3:00 CHIPS & DIP 3:30 WHAT WOULD YOU DO?</p>		26	<p>9:30 CHAIR EXERCISES 10:00 MORNING NEWS 10:30 WHITEBOARD GAMES 11:00 HYDRATION TIME 1:30 FADS OF THE 50'S 3:00 YOGURT & FRUIT 3:30 CLUE TRIVIA</p>		27	<p>9:30 FRIDAY FITNESS 10:00 NEW IN THE NEWS 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 HALL WALKERS 2:00 PRIZE BINGO 3:00 MINI PIZZAS 3:30 TABLE TALK REMINISCE</p>		28			

CALENDAR IS SUBJECT TO CHANGE TO MEET THE NEEDS OF THE RESIDENTS.