

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

january

SOUTH MOUNTAIN MEMORY CARE

201 S. 7TH STREET, EMMAUS PA, 18049

PHONE (610)-965-7662 FAX (610)-965-7664

			9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 January Trivia 11:00 Hydration Time 1:30 Afternoon Crafters 3:00 Chips & Dip 3:30 Table Games	1	9:30 Chair Exercises 10:00 Morning News 10:30 Live Entertainment with John Stevens 11:00 Hydration Time 1:30 Cornhole Competition 3:00 Yogurt & Fruit 3:30 Fact or Fiction	2	9:30 Friday Fitness 10:00 New in the News 10:30 Mind Joggers 11:00 Hydration Time 1:00 Hall Walkers 2:00 Prize Bingo 3:00 Mini Pizzas 3:30 UNO Club	3	9:30 Saturday Stretch 10:00 Weekend News 10:30 Balloon Volley 11:00 Hydration Time 1:00 1:1 Activities 1:30 Mad Libs 3:00 Rice Cakes 3:30 Name That Tune	4			
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 1:1 Activities 1:30 Penny Ante Game 3:00 Popcorn 3:30 Sunday Funday: The Golden Girls	5	9:30 Morning Movement 10:00 Today In History 10:30 The Unscramble Game 11:00 Hydration Time 1:30 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes on Mondays 3:30 Coloring Social	6	9:30 Sit & Fit 10:00 On This Date 10:30 What Did It Cost? 11:00 Hydration Time 1:30 Jenga Social 3:00 Soft Pretzels 3:30 Finish the Lyrics	7	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Happy Birthday, Elvis Presley 11:00 Hydration Time 1:30 Adult Coloring Group: Winter Themed 3:00 Chips & Dip 3:30 Blurt Word Game	8	9:30 Chair Exercises 10:00 Morning News 10:30 Craft Club: January 11:00 Hydration Time 1:30 Snow Jokes 3:00 Yogurt & Fruit 3:30 Colorful Winter Creations	9	9:30 Friday Fitness 10:00 New in the News 10:30 Who? What? Where? Game 11:00 Hydration Time 1:00 Hall Walkers 2:00 Prize Bingo 3:00 Mini Pizzas 3:30 Jukebox Classics	10	9:30 Saturday Stretch 10:00 Weekend News 10:30 Snow Day Discussion 11:00 Hydration Time 1:00 1:1 Activities 1:30 Sing Along with Mollie B 3:00 Rice Cakes 3:30 Answer the Riddle	11
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 1:1 Activities 1:30 Bucket Ball 3:00 Popcorn 3:30 Hymn Sing Along	12	9:30 Morning Movement 10:00 Today In History 10:30 Balloon Volley 11:00 Hydration Time 1:30 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes on Mondays 3:30 Jokes and Riddles	13	9:30 Sit & Fit 10:00 On This Date 10:30 Live Entertainment with Bill Frye 11:00 Hydration Time 1:30 Tabletop Games 3:00 Soft Pretzels 3:30 Thinkers	14	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Guess the Classic Car 11:00 Hydration Time 1:30 Puzzles & Music 3:00 Chips & Dip 3:30 Game of Things	15	9:30 Chair Exercises 10:00 Morning News 10:30 Craft Club: Snowflake 11:00 Hydration Time 1:30 Bible Study 3:00 Yogurt & Fruit 3:30 Puzzle Social	16	9:30 Friday Fitness 10:00 New in the News 10:30 Martin Luther King Day: Remembrance 11:00 Hydration Time 1:00 Hall Walkers 2:00 Prize Bingo 3:00 Mini Pizzas 3:30 Name That Movie Title	17	9:30 Saturday Stretch 10:00 Weekend News 10:30 A-Z Word Game 11:00 Hydration Time 1:00 1:1 Activities 1:30 Cornhole Competition 3:00 Rice Cakes 3:30 Music Videos	18
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 1:1 Activities 1:30 Sorry Board Game 3:00 Popcorn 3:30 Name That....	19	9:30 Morning Movement 10:00 Today In History 10:30 Family Feud 11:00 Hydration Time 1:30 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes on Mondays 3:30 Name That Capital	20	9:30 Sit & Fit 10:00 On This Date 10:30 Balloon Volley 11:00 Hydration Time 1:30 Bean Bag Toss 3:00 Soft Pretzels 3:30 Mind Joggers	21	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Left, Center, Right 11:00 Hydration Time 1:30 Afternoon Crafters: Igloos 3:00 Chips & Dip 3:30 What Would You Do?	22	9:30 Chair Exercises 10:00 Morning News 10:30 Dice Game 11:00 Hydration Time 1:30 Winter Short Story 3:00 Yogurt & Fruit 3:30 Relax & Unwind	23	9:30 Friday Fitness 10:00 New in the News 10:30 Winter Trivia 11:00 Hydration Time 1:00 Hall Walkers 2:00 Prize Bingo 3:00 Mini Pizzas 3:30 Tongue Twisters	24	9:30 Saturday Stretch 10:00 Weekend News 10:30 Jeopardy Competition 11:00 Hydration Time 1:00 1:1 Activities 1:30 Animal Videos 3:00 Rice Cakes 3:30 Game of Clues	25
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 1:1 Activities 1:30 Wintertime Reminisce: Discussion 3:00 Popcorn 3:30 Sing Along with Susie	26	9:30 Morning Movement 10:00 Today In History 10:30 Craft Club 11:00 Hydration Time 1:30 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes on Mondays 3:30 Short Stories	27	9:30 Sit & Fit 10:00 On This Date 10:30 Whiteboard Games 11:00 Hydration Time 1:30 Tabletop Games 3:00 Soft Pretzels 3:30 Name That Tune	28	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Conversation Starters 11:00 Hydration Time 1:30 Coloring Social 2:00 Resident Council 3:00 Chips & Dip 3:30 Old Wives Tales	29	9:30 Chair Exercises 10:00 Morning News 10:30 Live Entertainment with Lorri Woodward 11:00 Hydration Time 1:30 Sing Along 3:00 Yogurt & Fruit 3:30 Finishing Lines	30	9:30 Friday Fitness 10:00 New in the News 10:30 Name That TV Show: 1950's 11:00 Hydration Time 1:00 Hall Walkers 2:00 Prize Bingo 3:00 Mini Pizzas 3:30 Name That Tune: 1950's	31		

CALENDAR IS SUBJECT TO CHANGE TO MEET THE NEEDS OF THE RESIDENTS.