

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Hello August

South Mountain Memory Care

201 S. 7th Street, Emmaus PA, 18049

Phone (610)-965-7662

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				9:30 Chair Exercises 10:00 Morning News 10:30 Front Porch Activities 11:00 Hydration Time 1:30 Puzzle Social 3:00 Yogurt & Fruit 3:30 Mind Joggers	9:30 Friday Fitness 10:00 New in The News 10:30 Vinyl Record & Radio Discussion 11:00 Hydration Time 1:00 Gardening Club 3:00 Mini Pizzas 3:30 UNO Club	9:30 Saturday Stretch 10:00 Weekend News 10:30 Left, Right, Left Game 11:00 Hydration Time 1:00 1:1 Activities 1:30 Tony Bennett Day: Discussion 3:00 Rice Cakes 3:30 Trivial Pursuit
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 1:1 Activities 1:30 Weekend Crafters 3:00 Popcorn 3:30 Riddles	9:30 Morning Movement 10:00 Today in History 10:30 Baking Club: Apple Fruit Donuts 11:00 Hydration Time 1:30 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes on Mondays 3:30 Neil Armstrong Table Talk	9:30 Sit & Fit 10:00 On This Date 10:30 Live Entertainment with Bill Frye 11:00 Hydration Time 1:30 Table Talk Discussion 2:15 Flower Arranging 3:00 Smoothies with Pretzels 3:30 Feel Good Stories	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Whiteboard Games 11:00 Hydration Time 1:30 Bucket Ball 3:00 Chips & Dip 3:30 Blurt Word Game	9:30 Chair Exercises 10:00 Morning News 10:30 Craft Club: August Craft 11:00 Hydration Time 1:30 Jenga Social 3:00 Yogurt & Fruit 3:30 Beachy Keen Jokes	9:30 Friday Fitness 10:00 New in the News 10:30 Cornhole on the Front Porch 11:00 Hydration Time 1:00 Gardening Club 2:00 Prize Bingo 3:00 Mini Pizzas 3:30 Sing Along with Susie Q	9:30 Saturday Stretch 10:00 Weekend News 10:30 Jeopardy Competition 11:00 Hydration Time 1:00 1:1 Activities 1:30 Popsicle Tissue Paper Craft 3:00 Rice Cakes 3:30 Game of Clues
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 1:1 Activities 1:30 Mollie B Sing Along 3:00 Popcorn 3:30 What Would You Do?	9:30 Morning Movement 10:00 Today in History 10:30 Finish The... 11:00 Hydration Time 1:30 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes on Mondays 3:30 Tongue Twisters	9:30 Sit & Fit 10:00 On This Date 10:30 Penny Ante Game 11:00 Hydration Time 1:30 Front Porch Social 3:00 Smoothies with Pretzels 3:30 Name That Tune	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Live Entertainment with John Stevens 11:00 Hydration Time 1:30 Alfred Hitchcock Discussion 3:00 Chips & Dip 3:30 Game of Things	9:30 Chair Exercises 10:00 Morning News 10:30 Bean Bag Toss 11:00 Hydration Time 1:30 Bible Study 3:00 Yogurt & Fruit 3:30 Short Story: The Sandy Shoreline	9:30 Friday Fitness 10:00 New in the News 10:30 Remembering Elvis Day 11:00 Hydration Time 1:00 Gardening Club 2:00 Prize Bingo 3:00 Mini Pizzas 3:30 TGIF Social	9:30 Saturday Stretch 10:00 Weekend News 10:30 Balloon Volley 11:00 Hydration Time 1:00 1:1 Activities 1:30 Puzzle Social 3:00 Rice Cakes 3:30 Top Hits of Country Music
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 1:1 Activities 1:30 Travel Reminisce 3:00 Popcorn 3:30 Hymn Sing Along	9:30 Morning Movement 10:00 Today in History 10:30 Name That 50's Movie Star 11:00 Hydration Time 1:30 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes on Mondays 3:30 Adult Coloring Group	9:30 Sit & Fit 10:00 On This Date 10:30 Whiteboard Game 11:00 Hydration Time 1:30 Antiques Day 3:00 Smoothies with Pretzels 3:30 Top 10 Antiques Road Show Discoveries	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Guess That: Food from Around the World 11:00 Hydration Time 1:30 Dog Days of Summer: Painting 3:00 Chips & Dip 3:30 Trivia: Dog Days of Summer	9:30 Chair Exercises 10:00 Morning News 10:30 Craft Club: Sunflower Day 11:00 Hydration Time 1:30 What Did It Cost? 3:00 Yogurt & Fruit 3:30 Birds & Bloom	9:30 Friday Fitness 10:00 New in the News 10:30 Gene Kelly's: Birth Anniversary 11:00 Hydration Time 1:00 Gardening Club 2:00 Prize Bingo 3:00 Mini Pizzas 3:30 Conversation Starters	9:30 Saturday Stretch 10:00 Weekend News 10:30 Road Trip Vacation and Discussion 11:00 Hydration Time 1:00 1:1 Activities 1:30 Ring Toss 3:00 Rice Cakes 3:30 Finish The... Riddle
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 1:1 Activities 1:30 Wizard of Oz Day 3:00 Popcorn 3:30 Hym Sing Along	9:30 Morning Movement 10:00 Today in History 10:30 Front Porch Social 11:00 Hydration Time 1:30 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes on Mondays 3:30 Finishing Lines	9:30 Sit & Fit 10:00 On This Date 10:30 Live Entertainment with Lorri Woodward 11:00 Hydration Time 1:30 Cornhole Competition 3:00 Smoothies with Pretzels 3:30 Susie Q Sing Along	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Balloon Volley 11:00 Hydration Time 1:30 MLK: I Have a Dream Day 2:00 Resident Council 3:00 Chips & Dip 3:30 Jenga Social	9:30 Chair Exercises 10:00 Morning News 10:30 Old Fashion Sing Along 11:00 Hydration Time 1:30 Baking Club 3:00 Yogurt & Fruit 3:30 Top Hits of the 50's	9:30 Friday Fitness 10:00 New in the News 10:30 A-Z Word Game 11:00 Hydration Time 1:00 Gardening Club 2:00 Prize Bingo 3:00 Mini Pizzas 3:30 Fact or Fiction	9:30 Saturday Stretch 10:00 Weekend News 10:30 Name That TV Title: 1950's 11:00 Hydration Time 1:00 1:1 Activities 1:30 Penny Ante Game 3:00 Rice Cakes 3:30 Nat'l Sister and Friendship Day: Discussion

CALENDAR IS SUBJECT TO CHANGE TO MEET THE NEEDS OF THE RESIDENTS.