

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 HELLO MAY: TRIVIA 11:00 HYDRATION TIME 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS	9:30 MORNING MOVEMENT 1 10:00 TODAY IN HISTORY 10:30 HELLO MAY: TRIVIA 11:00 HYDRATION TIME 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS	9:30 SIT & FIT 2 10:00 ON THIS DATE 10:30 LIVE ENTERTAINMENT WITH BILL FRYE 11:00 HYDRATION TIME 2:15 HORTICULTURE WITH DONNA 3:00 PITA PIZZAS 3:30 JUKEBOX CLASSICS	9:30 LIGHT & LIVELY EXERCISE 3 10:00 DAILY CHRONICLE 10:30 NAT'L POLKA DAY: MUSIC & TRIVIA 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 CORNHOLE COMPETITION 3:00 VEGGIES & HUMMUS	9:30 CHAIR EXERCISES 4 10:00 MORNING NEWS 10:30 CRAFT CLUB: LAVENDER CRAFT 11:00 HYDRATION TIME 1:30 FAMILY FEUD 3:00 YOGURT & FRUIT 3:30 SING ALONG WITH SUSIE Q	9:30 FRIDAY FITNESS 5 10:00 NEW IN THE NEWS 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 RELAX & UNWIND 2:30 CINCO DE MAYO PARTY	9:30 SATURDAY STRETCH 6 10:00 WEEKEND NEWS 10:30 KENTUCKY DERBY DAY: HORSE RACING 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 JENGA CLUB 3:00 MINI MUFFINS 3:30 SHORT STORIES
9:30 COFFEE & CHAT 7 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 CARD GAME FUN 3:00 SMOOTHIE CART 3:30 WORD PUZZLES	9:30 MORNING MOVEMENT 8 10:00 TODAY IN HISTORY 10:30 A-Z WORD GAMES 11:00 HYDRATION TIME 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 ICE CREAM SANDWICHES	9:30 SIT & FIT 9 10:00 ON THIS DATE 10:30 ROUGH LIFE RESCUE DOG VISIT! 11:00 HYDRATION TIME 1:30 CORNHOLE ON THE FRONT PORCH 3:00 PITA PIZZAS 3:30 1940'S MEMORY LANE	9:30 LIGHT & LIVELY EXERCISE 10 10:00 DAILY CHRONICLE 10:30 FINISH THE SONG LYRIC 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 BUCKET BALL 3:00 VEGGIES & HUMMUS	9:30 CHAIR EXERCISES 11 10:00 MORNING NEWS 10:30 CRAFT CLUB: FLOWER & BUTTON BOUQUET 11:00 HYDRATION TIME 1:30 PUZZLE SOCIAL 3:00 YOGURT & FRUIT 3:30 FEEL GOOD STORIES	9:30 FRIDAY FITNESS 12 10:00 NEW IN THE NEWS 10:00 BIBLE STUDY WITH CHAPLAIN THAD 11:00 HYDRATION TIME 1:00 RELAX & UNWIND 2:00 PRIZE BINGO 3:00 TEA SANDWICHES	9:30 SATURDAY STRETCH 13 10:00 WEEKEND NEWS 10:30 WORD FINDERS 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 PENNY ANTE GAME 3:00 MINI MUFFINS 3:30 SATURDAY SING ALONG
9:30 COFFEE & CHAT 14 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 WEEKEND CRAFTERS: MOTHERS DAY CRAFT 3:00 SMOOTHIE CART 3:30 BOARD GAMES	9:30 MORNING MOVEMENT 15 10:00 TODAY IN HISTORY 10:30 LIVE ENTERTAINMENT WITH JOHN STEVENS 11:00 HYDRATION TIME 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS	9:30 SIT & FIT 16 10:00 ON THIS DATE 10:30 OUTDOOR SOCIAL 11:00 HYDRATION TIME 1:30 BUCKET BALL 3:00 PITA PIZZAS 3:30 THINK FAST TRIVIA	9:30 LIGHT & LIVELY EXERCISE 17 10:00 DAILY CHRONICLE 10:30 GARDENING CLUB 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 CRANIUM CRUNCHES 3:00 VEGGIES & HUMMUS	9:30 CHAIR EXERCISES 18 10:00 MORNING NEWS 10:30 PERRY COMO DAY 11:00 HYDRATION TIME 1:00 GARDENING CLUB 1:30 AFTERNOON CRAFTERS 3:00 YOGURT & FRUIT 3:30 FAMOUS FOLK TRIVIA	9:30 FRIDAY FITNESS 19 10:00 NEW IN THE NEWS 10:30 MR. PRESIDENT ANNIVERSARY: TRIVIA 11:00 HYDRATION TIME 1:00 RELAX & UNWIND 2:00 PRIZE BINGO 3:00 TEA SANDWICHES	9:30 SATURDAY STRETCH 20 10:00 WEEKEND NEWS 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 WEEKEND CRAFTERS 3:00 MINI MUFFINS 3:30 TABLE REMINISCE
9:30 COFFEE & CHAT 21 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 AFTERNOON SOCIAL ON THE PATIO 3:00 SMOOTHIE CART 3:30 JIGSAW PUZZLES	9:30 MORNING MOVEMENT 22 10:00 TODAY IN HISTORY 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 ICE CREAM SANDWICHES	9:30 SIT & FIT 23 10:00 ON THIS DATE 10:30 TRIVIA TUESDAY 11:00 HYDRATION TIME 1:30 AFTERNOON CRAFTERS 3:00 PITA PIZZAS 3:30 LETTERS TO WORDS	9:30 LIGHT & LIVELY EXERCISE 24 10:00 DAILY CHRONICLE 10:30 LIVE ENTERTAINMENT WITH LORRI WOODWARD 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 FRONT PORCH TRIVIA 3:00 VEGGIES & HUMMUS 3:30 FINISHING LINES	9:30 CHAIR EXERCISES 25 10:00 MORNING NEWS 10:30 BEAN BAG TOSS 11:00 HYDRATION TIME 1:00 GARDENING CLUB 1:30 PUZZLE SOCIAL 3:00 YOGURT & FRUIT	9:30 FRIDAY FITNESS 26 10:00 NEW IN THE NEWS 10:30 HORSE RACING GAME 11:00 HYDRATION TIME 1:00 RELAX & UNWIND 2:00 PRIZE BINGO 3:00 TEA SANDWICHES	9:30 SATURDAY STRETCH 27 10:00 WEEKEND NEWS 10:30 FINISH THE... TRIVIA 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 BALLOON VOLLEY 3:00 MINI MUFFINS 3:30 ADULT COLORING GROUP
9:30 COFFEE & CHAT 28 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 UNO CLUB 3:00 SMOOTHIE CART 3:30 TABLE TOP GAMES	9:30 MORNING MOVEMENT 29 10:00 TODAY IN HISTORY 10:30 FRONT PORCH SOCIAL 11:00 HYDRATION TIME 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS	9:30 SIT & FIT 30 10:00 ON THIS DATE 10:30 JEOPARDY COMPETITION 11:00 HYDRATION TIME 1:30 WHAT DID IT COST? 3:00 PITA PIZZAS 3:30 SOUNDS OF THE 50'S	9:30 LIGHT & LIVELY EXERCISE 31 10:00 DAILY CHRONICLE 10:30 BAKING CLUB 11:00 HYDRATION TIME 1:00 HALL WALKERS 2:00 RESIDENT COUNCIL 3:00 VEGGIES & HUMMUS 3:30 DAILY DOSE OF TRIVIA	SOUTH MOUNTAIN MEMORY CARE 201 S. 7TH STREET, EMMAUS PA, 18049 PHONE (610)-965-7662 FAX (610)-965-7664		

CALENDAR IS SUBJECT TO CHANGE TO MEET THE NEEDS OF THE RESIDENTS. COVID-19 PRECAUTIONS ARE IN PLACE.