

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY


SATURDAY

MARCH

SOUTH MOUNTAIN MEMORY CARE

201 S. 7TH STREET, EMMAUS PA, 18049

PHONE (610)-965-7662 FAX (610)-965-7664

			9:30 LIGHT & LIVELY EXERCISE 1 10:00 DAILY CHRONICLE 10:30 CRAFT CLUB: MARCH CRAFT 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 HELLO MARCH TRIVIA 3:00 VEGGIES & HUMMUS 3:30 COLORFUL CREATIONS	9:30 CHAIR EXERCISES 2 10:00 MORNING NEWS 10:30 WHITEBOARD GAMES 11:00 HYDRATION TIME 1:30 PUZZLE SOCIAL 3:00 YOGURT & FRUIT 3:30 SHORT STORIES	9:30 FRIDAY FITNESS 3 10:00 NEW IN THE NEWS 10:30 ALEXANDER GRAHAM BELL'S BIRTHDAY: DISCUSSION 11:00 HYDRATION TIME 1:00 RELAX & UNWIND 2:00 PRIZE BINGO 3:00 TEA SANDWICHES	9:30 SATURDAY STRETCH 4 10:00 WEEKEND NEWS 10:30 WHITEBOARD GAMES 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 OPPOSITES ATTRACT 3:00 MINI MUFFINS 3:30 TABLE TOP GAMES
9:30 COFFEE & CHAT 5 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 SING A SONG 3:00 SMOOTHIE CART 3:30 TABLE REMINISCE	9:30 MORNING MOVEMENT 6 10:00 TODAY IN HISTORY 10:30 DRIFT ALONG WITH THE DRIFTERS DAY 11:00 HYDRATION TIME 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS	9:30 SIT & FIT 7 10:00 ON THIS DATE 10:30 LIVE ENTERTAINMENT WITH BILL FRYE 11:00 HYDRATION TIME 1:30 BEAN BAG TOSS 3:00 PITA PIZZAS 3:30 GOLDEN OLDIES	9:30 LIGHT & LIVELY EXERCISE 8 10:00 DAILY CHRONICLE 10:30 HORSE RACING GAME 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 CORNHOLE COMPETITION 3:00 VEGGIES & HUMMUS	9:30 CHAIR EXERCISES 9 10:00 MORNING NEWS 10:30 CRAFT CLUB: RESIN NECKLACES 11:00 HYDRATION TIME 1:30 MIND JOGGERS 3:00 YOGURT & FRUIT 3:30 JIGSAW PUZZLES	9:30 FRIDAY FITNESS 10 10:00 BIBLE STUDY WITH CHAPLAIN THAD 10:30 NEW IN THE NEWS 11:00 HYDRATION TIME 1:00 RELAX & UNWIND 2:00 PRIZE BINGO 3:00 TEA SANDWICHES	9:30 SATURDAY STRETCH 11 10:00 WEEKEND NEWS 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 WEEKEND CRAFTERS 3:00 MINI MUFFINS 3:30 SATURDAY SING ALONG
9:30 COFFEE & CHAT 12 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 LEFT CENTER RIGHT 3:00 SMOOTHIE CART 3:30 BOARD GAMES	9:30 MORNING MOVEMENT 13 10:00 TODAY IN HISTORY 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 ICE CREAM SANDWICHES	9:30 SIT & FIT 14 10:00 ON THIS DATE 10:30 LETTERS TO WORDS 11:00 HYDRATION TIME 1:30 WHAT DID IT COST? 3:00 PITA PIZZAS 3:30 ARMCHAIR TRAVEL	9:30 LIGHT & LIVELY EXERCISE 15 10:00 DAILY CHRONICLE 10:30 THINGS IN THREES 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 BEAN BAG TOSS 3:00 VEGGIES & HUMMUS 3:30 FAMILY FEUD	9:30 CHAIR EXERCISES 16 10:00 MORNING NEWS 10:30 PAINT SOME POTTERY 11:00 HYDRATION TIME 1:00 BOOK CLUB 1:30 REMEMBERING IRISH SONGS 3:00 YOGURT & FRUIT 3:30 TABLE REMINISCE	9:30 FRIDAY FITNESS 17 10:00 NEW IN THE NEWS 10:30 ST. PATTIES DAY SING ALONG WITH LORRI WOODWARD 11:00 HYDRATION TIME 1:00 RELAX & UNWIND 1:00 BOOK CLUB 2:00 ST. PATTIES DAY SOCIAL	9:30 SATURDAY STRETCH 18 10:00 WEEKEND NEWS 10:30 GUESS THE SONG LYRICS 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 UNO COMPETITION 3:00 MINI MUFFINS 3:30 1940'S MEMORY LANE
9:30 COFFEE & CHAT 19 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 WEEKEND CRAFTERS 3:00 SMOOTHIE CART 3:30 ADULT COLORING GROUP	9:30 MORNING MOVEMENT 20 10:00 TODAY IN HISTORY 10:30 CRAFT CLUB: PRESSED FLOWER LANTERN 11:00 HYDRATION TIME 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS	9:30 SIT & FIT 21 10:00 ON THIS DATE 10:30 LIVE ENTERTAINMENT WITH JOHN STEVENS 11:00 HYDRATION TIME 1:00 BOOK CLUB 1:30 CARD GAME CLUB 3:00 PITA PIZZAS 3:30 CHICKEN SOUP FOR THE SOUL	9:30 LIGHT & LIVELY EXERCISE 22 10:00 DAILY CHRONICLE 10:30 SAINT CATEGORIES 11:00 HYDRATION TIME 1:00 HALL WALKERS 2:00 SOUTH MOUNTAIN SHOW DOWN 3:30 DISCUSS & DEBRIEF	9:30 CHAIR EXERCISES 23 10:00 MORNING NEWS 10:30 FAMOUS SPEECH DAY 11:00 HYDRATION TIME 1:30 BUCKET BALL 3:00 YOGURT & FRUIT 3:30 JUNK DRAWER DETECTIVE	9:30 FRIDAY FITNESS 24 10:00 NEW IN THE NEWS 10:30 HORSE RACING GAME 11:00 HYDRATION TIME 1:00 RELAX & UNWIND 2:00 PRIZE BINGO 3:00 TEA SANDWICHES	9:30 SATURDAY STRETCH 25 10:00 WEEKEND NEWS 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 JENGA CLUB 3:00 MINI MUFFINS 3:30 JIGSAW PUZZLES
9:30 COFFEE & CHAT 26 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 FINISH THE... TRIVIA 3:00 SMOOTHIE CART 3:30 WORD PUZZLES	9:30 MORNING MOVEMENT 27 10:00 TODAY IN HISTORY 10:30 BEAN BAG TOSS 11:00 HYDRATION TIME 1:00 BOOK CLUB 1:00 MUSIC & MANICURES 2:00 PRIZE BINGO 3:00 ICE CREAM SANDWICHES	9:30 SIT & FIT 28 10:00 ON THIS DATE 10:30 ROUGH LIFE RESCUE DOG VISIT 11:00 HYDRATION TIME 1:30 BEAN BAG TOSS 3:00 PITA PIZZAS 3:30 CRANIUM CRUNCHES	9:30 LIGHT & LIVELY EXERCISE 29 10:00 DAILY CHRONICLE 10:30 BAKING CLUB 11:00 HYDRATION TIME 1:00 HALL WALKERS 2:00 RESIDENT COUNCIL 3:00 VEGGIES & HUMMUS 3:30 NAME THAT INSTRUMENT	9:30 CHAIR EXERCISES 30 10:00 MORNING NEWS 10:30 NAT'L JEOPARDY DAY 11:00 HYDRATION TIME 1:00 BOOK CLUB 1:30 PENNY ANTE GAME 3:00 YOGURT & FRUIT 3:30 YOU BE THE JUDGE	9:30 FRIDAY FITNESS 31 10:00 NEW IN THE NEWS 10:30 A-Z WORD GAME 11:00 HYDRATION TIME 1:00 RELAX & UNWIND 2:00 PRIZE BINGO 3:00 TEA SANDWICHES	 <p>HAPPY ST. PATRICK'S DAY</p>

Calendar is subject to change to meet the needs of residents. Covid-19 precautions are in place.