

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 Football Sunday 1:30 January Trivia 3:00 Smoothie Cart 3:30 Sunday Cinema	9:30 Morning Movement 10:00 Today In History 10:30 Boogie Day: Trivia 11:00 Hydration Time 1:00 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes On Mondays	9:30 Sit & Fit 10:00 On This Date 10:30 Live Entertainment with Bill Frye 11:00 Hydration Time 1:30 Sorry Board Game 3:00 Pita Pizzas 3:30 Thinklers	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Craft Club: Pillow Making 11:00 Hydration Time 1:00 Hall Walkers 1:30 Bean Bag Toss 3:00 Veggies & Hummus 3:30 Left Center Right	9:30 Chair Exercises 10:00 Morning News 10:30 A-Z Word Game 11:00 Hydration Time 1:30 Music Trivia 3:00 Yogurt & Fruit 3:00 Table Talk Reminisce	9:30 Friday Fitness 10:00 New In The News 10:30 Wheel of Fortune Day 11:00 Hydration Time 1:00 Relax & Unwind 2:00 Prize Bingo 3:00 Tea Sandwiches	9:30 Saturday Stretch 10:00 Weekend News 10:30 Finish The Sentence 11:00 Hydration Time 1:00 1:1 Activities 1:30 1950's Song Day Trivia 3:00 Mini Muffins 3:30 Sing Along with Susie Q
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 Football Sunday 1:30 Don't Fence Me In Tops the Charts: Discussion 3:00 Smoothie Cart 3:30 Jigsaw Puzzles	9:30 Morning Movement 10:00 Today In History 10:30 Craft Club: Door Hanger 11:00 Hydration Time 1:00 Music & Manicures 2:00 Prize Bingo 3:00 Ice Cream Sandwiches	9:30 Sit & Fit 10:00 On This Date 10:30 Whiteboard Games 11:00 Hydration Time 1:30 Puzzle Social 3:00 Pita Pizzas 3:30 Jukebox Classics	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Bucket Ball 11:00 Hydration Time 1:00 Hall Walkers 1:30 Alexander Hamilton Birthday 3:00 Veggies & Hummus 3:30 Finish The Sayings	9:30 Chair Exercises 10:00 Morning News 10:30 Discuss & Recall 11:00 Hydration Time 1:30 1940's Trivia 3:00 Yogurt & Fruit 3:30 Feel Good Stories	9:30 Friday Fitness 10:00 New In The News 10:30 Friday the 13th Day 11:00 Hydration Time 1:00 Relax & Unwind 2:00 Prize Bingo 3:00 Tea Sandwiches	9:30 Saturday Stretch 10:00 Weekend News 10:30 Bean Bag Toss 11:00 Hydration Time 1:00 1:1 Activities 1:30 Snowball Game 3:00 Mini Muffins 3:30 Adult Coloring Group
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 Football Sunday 1:30 Elvis Lives Day 3:00 Smoothie Cart 3:30 Sunday Cinema	9:30 Morning Movement 10:00 Today In History 10:30 Martin Luther King Jr. Day 11:00 Hydration Time 1:00 Music & Manicures 1:30 Craft Club: Snow Flake Day 2:00 Prize Bingo 3:00 Sundaes On Mondays	9:30 Sit & Fit 10:00 On This Date 10:30 What Did It Cost? 11:00 Hydration Time 1:30 Cornhole Competition 3:00 Pita Pizzas 3:30 History & Myth	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Jeopardy Fun 11:00 Hydration Time 1:00 Hall Walkers 1:30 Axe Throwing 3:00 Veggies & Hummus 3:30 Table Reminisce	9:30 Chair Exercises 10:00 Morning News 10:30 Dolly Parton Birthday: Discussion 11:00 Hydration Time 1:30 Jenga Fun 3:00 Yogurt & Fruit 3:30 Old Fashion Sing Along	9:30 Friday Fitness 10:00 New In The News 10:30 Balloon Volley 11:00 Hydration Time 1:00 Relax & Unwind 2:00 Prize Bingo 3:00 Tea Sandwiches	9:30 Saturday Stretch 10:00 Weekend News 10:30 Bucket Ball 11:00 Hydration Time 1:00 1:1 Activities 1:30 Weekend Crafters 3:00 Mini Muffins 3:30 Sing Along with Susie Q
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 Football Sunday 1:30 Bowling Fun 3:00 Smoothie Cart 3:30 Jigsaw Puzzles	9:30 Morning Movement 10:00 Today In History 10:30 Casablanca Day 11:00 Hydration Time 1:00 Music & Manicures 2:00 Prize Bingo 3:00 Ice Cream Sandwiches	9:30 Sit & Fit 10:00 On This Date 10:30 Live Entertainment with Lorri Woodward 11:00 Hydration Time 1:30 Card Game Social 3:00 Pita Pizzas 3:30 What Would You Do?	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Whiteboard Games 11:00 Hydration Time 1:00 Hall Walkers 2:00 Resident Council 3:00 Veggies & Hummus 3:30 Colorful Creations	9:30 Chair Exercises 10:00 Morning News 10:30 Baking Club 11:00 Hydration Time 1:30 Bowling Competition 3:00 Yogurt & Fruit 3:30 Riddles	9:30 Friday Fitness 10:00 Bible Study with Chaplain Thad 10:30 New In The News 11:00 Hydration Time 1:00 Relax & Unwind 2:00 Prize Bingo 3:00 Tea Sandwiches	9:30 Saturday Stretch 10:00 Weekend News 10:30 My 2 Cents Game 11:00 Hydration Time 1:00 1:1 Activities 1:30 Jenga Social 3:00 Mini Muffins 3:30 Adult Coloring Group
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 Football Sunday 1:30 Weekend Crafters 3:00 Smoothie Cart 3:30 Sunday Cinema	9:30 Morning Movement 10:00 Today In History 10:30 Table Top Games 11:00 Hydration Time 1:00 Music & Manicures 2:00 Prize Bingo 3:00 Sundaes On Mondays	9:30 Sit & Fit 10:00 On This Date 10:30 Live Entertainment with John Stevens 11:00 Hydration Time 1:30 Bucket Ball 3:00 Pita Pizzas 3:30 Unwind Time	*Calendar is subject to change to meet the needs of residents. Covid-19 precautions are in place.*			

JANUARY

SOUTH MOUNTAIN MEMORY CARE

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