

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# NOVEMBER

<p>9:30 COFFEE &amp; CHAT 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 FOOTBALL SUNDAY 1:30 SORRY BOARD GAME 3:00 SMOOTHIE CART 3:30 SUNDAY CINEMA</p>	<p>9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 LIVE ENTERTAINMENT WITH JEFF KRICK 11:00 HYDRATION TIME 1:00 MUSIC &amp; MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS</p>	<p>9:30 SIT &amp; FIT 10:00 ON THIS DATE 10:30 BEAN BAG TOSS 11:00 HYDRATION TIME 1:30 HALL WALKERS 1:30 WOULD YOU RATHER? 3:00 MEATS &amp; CHEESES 3:30 THINKERS</p>	<p>9:30 CHAIR EXERCISES 10:00 MORNING NEWS 10:30 CRAFT CLUB: PUZZLE CRAFT 11:00 HYDRATION TIME 1:30 SECOND PRESIDENT DAY DISCUSSION 3:00 TACO DIP 3:30 WORD PUZZLES</p>	<p>9:30 FRIDAY FITNESS 10:00 NEW IN THE NEWS 10:30 NAT'L CANDY DAY FUN 11:00 HYDRATION TIME 1:00 RELAX &amp; UNWIND 2:00 PRIZE BINGO 3:00 SOFT PRETZEL WITH MUSTARD &amp; CHEESE</p>	<p>9:30 SATURDAY STRETCH 10:00 WEEKEND NEWS 10:30 NAT KING COLE MILESTONE DAY 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 CARD GAME COMPETITION 3:00 YOGURT/GRANOLA CUPS 3:30 SING ALONG WITH SUSIE Q</p>	
<p>9:30 COFFEE &amp; CHAT 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 FOOTBALL SUNDAY 1:30 SORRY BOARD GAME 3:00 SMOOTHIE CART 3:30 SUNDAY CINEMA</p>	<p>9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 LIVE ENTERTAINMENT WITH JEFF KRICK 11:00 HYDRATION TIME 1:00 MUSIC &amp; MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS</p>	<p>9:30 SIT &amp; FIT 10:00 ON THIS DATE 10:30 BUCKET BALL 11:00 HYDRATION TIME 1:30 WHAT DID IT COST? 3:00 FRENCH BREAD PIZZA 3:30 DISCUSS &amp; RECALL</p>	<p>9:30 LIGHT &amp; LIVELY EXERCISE 10:00 ON THIS DATE 10:30 NAT'L PLANT DAY: PLANTING FUN 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 CORNHOLE COMPETITION 3:00 QUESADILLA 3:30 1940'S MEMORY LANE</p>	<p>9:30 CHAIR EXERCISES 10:00 MORNING NEWS 10:30 DAILY DOSE OF TRIVIA 11:00 HYDRATION TIME 1:30 TABLE TOP GAMES 3:00 VEGGIES &amp; DIP</p>	<p>9:30 FRIDAY FITNESS 10:00 NEW IN THE NEWS 10:30 VETERANS DAY DISCUSSION &amp; REMEMBRANCE 11:00 HYDRATION TIME 1:00 RELAX &amp; UNWIND 2:00 PRIZE BINGO 3:00 HAPPY HOUR NACHOS</p>	
<p>9:30 COFFEE &amp; CHAT 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 FOOTBALL SUNDAY 1:30 AXE THROWING 3:00 SMOOTHIE CART 3:30 JIGSAW PUZZLES</p>	<p>9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 A-Z WORD GAME 11:00 HYDRATION TIME 1:00 MUSIC &amp; MANICURES 2:00 PRIZE BINGO 3:00 ICE CREAM SANDWICHES</p>	<p>9:30 SIT &amp; FIT 10:00 ON THIS DATE 10:30 BAKING CLUB: BUNDT DAY 11:00 HYDRATION TIME 1:30 AFTERNOON MUSIC TRIVIA 3:00 PITA PIZZAS 3:30 OLD FASHION SING ALONG</p>	<p>9:30 LIGHT &amp; LIVELY EXERCISE 10:00 ON THIS DATE 10:30 NAME THAT DECADE 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 BUCKET BALL 3:00 MEATS &amp; CHEESES</p>	<p>9:30 CHAIR EXERCISES 10:00 MORNING NEWS 10:30 REMEMBERING ROY ROGERS SONGS 11:00 HYDRATION TIME 1:30 CARD CLUB 3:00 7 LAYER DIP</p>	<p>9:30 FRIDAY FITNESS 10:00 NEW IN THE NEWS 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 RELAX &amp; UNWIND 2:00 PRIZE BINGO 3:00 BREADS &amp; SPREADS</p>	
<p>9:30 COFFEE &amp; CHAT 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 FOOTBALL SUNDAY 1:30 WEEKEND CRAFTERS 3:00 SMOOTHIE CART 3:30 SUNDAY CINEMA</p>	<p>9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 REMINISCE &amp; TRIVIA: FRANK SINATRA 11:00 HYDRATION TIME 1:00 MUSIC &amp; MANICURES 2:00 PRIZE BINGO 3:00 SUNDAES ON MONDAYS</p>	<p>9:30 SIT &amp; FIT 10:00 ON THIS DATE 10:30 LIVE ENTERTAINMENT WITH LORRI WOODWARD 11:00 HYDRATION TIME 1:30 FINISH THE SAYINGS 3:00 FRENCH BREAD PIZZA 3:30 UNWIND TIME</p>	<p>9:30 LIGHT &amp; LIVELY EXERCISE 10:00 ON THIS DATE 10:30 WHITEBOARD GAMES 11:00 HYDRATION TIME 1:00 HALL WALKERS 1:30 WORD PUZZLE DAY: PUZZLE SOCIAL 3:00 QUESADILLA</p>	<p>9:30 CHAIR EXERCISES 10:00 MORNING NEWS 10:30 CRAFT CLUB: GIVE THANKS 11:00 HYDRATION TIME 1:30 MY 2 CENTS GAME 3:00 VEGGIES &amp; DIP 3:30 TABLE REMINISCE</p>	<p>9:30 FRIDAY FITNESS 10:00 NEW IN THE NEWS 10:30 BALLOON VOLLEY 11:00 HYDRATION TIME 1:00 RELAX &amp; UNWIND 2:00 PRIZE BINGO 3:00 SOFT PRETZEL WITH MUSTARD &amp; CHEESE</p>	
<p>9:30 COFFEE &amp; CHAT 10:00 SUNDAY SERVICE WITH ST. ANN'S 10:30 DAILY PAPER 11:00 HYDRATION TIME 1:00 FOOTBALL SUNDAY 1:30 CORNHOLE FUN 3:00 SMOOTHIE CART 3:30 JIGSAW PUZZLES</p>	<p>9:30 MORNING MOVEMENT 10:00 TODAY IN HISTORY 10:30 CRAFT CLUB: MASON JAR DAY 11:00 HYDRATION TIME 1:00 MUSIC &amp; MANICURES 2:00 PRIZE BINGO 3:00 SHERBET</p>	<p>9:30 SIT &amp; FIT 10:00 ON THIS DATE 10:30 LIVE ENTERTAINMENT WITH BILL FRYE 11:00 HYDRATION TIME 1:30 LEFT CENTER RIGHT 3:00 PITA PIZZAS 3:30 FEEL GOOD STORIES</p>	<p>9:30 LIGHT &amp; LIVELY EXERCISE 10:00 BIBLE STUDY WITH CHAPLAIN THAD 10:30 ON THIS DATE 11:00 HYDRATION TIME 1:00 HALL WALKERS 2:00 RESIDENT COUNCIL 3:00 MEATS &amp; CHEESES 3:30 FAMILY FEUD</p>	<p><b>SOUTH MOUNTAIN MEMORY CARE</b> 201 S. 7TH STREET, EMMANUS PA, 18049 PHONE (610)-965-7662 FAX (610)-965-7664</p>		<p>9:30 SATURDAY STRETCH 10:00 WEEKEND NEWS 10:30 MIND JOGGERS 11:00 HYDRATION TIME 1:00 1:1 ACTIVITIES 1:30 UNO CLUB 3:00 ENERGY BITES 3:30 ADULT COLORING GROUP</p>

\*CALENDAR IS SUBJECT TO CHANGE TO MEET THE NEEDS OF THE RESIDENTS. COVID-19 PRECAUTIONS ARE IN PLACE.\*

*Julia Taylor-Berlin*