

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER

SOUTH MOUNTAIN MEMORY CARE
 201 S. 7TH STREET, EMMAUS PA, 18049
 PHONE (610)-965-7662
 FAX (610)-965-7664

				9:30 Chair Exercises 10:00 Morning News 10:30 Cornhole Competition 11:00 Hydration Time 1:30 Board Game Social 3:00 Veggies & Dip 3:30 Old Fashion Sing Along	9:30 Friday Fitness 10:00 New In The News 10:30 Front Porch Activities 11:00 Hydration Time 1:00 Relax & Unwind 2:00 Prize Binq 3:00 Breads & Spreads	9:30 Saturday Stretch 10:00 Weekend News 10:30 My 2 Cents Game 11:00 Hydration Time 1:00 1:1 Activities 1:30 Weekend Crafters 3:00 Energy Bites 3:30 Sing Along with Susie Q
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 1:1 Activities 1:30 Price Is Right Day 3:00 Smoothie Cart 3:30 Sunday Cinema	9:30 Morning Movement 10:00 Today In History 10:30 Labor Day: History, Discussion, & Trivia 11:00 Hydration Time 1:00 Music & Manicures 2:00 Prize Binq 3:00 Sundaes on Mondays	9:30 Sit & Fit 10:00 On This Date 10:30 Front Porch Trivia 11:00 Hydration Time 1:30 Remembering Patsy Cline Songs 3:00 Pita Pizzas 3:30 Discuss & Recall	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Riddle Me This 11:00 Hydration Time 1:00 Hall Walkers 1:30 Axe Throwing 3:00 Meats & Cheeses 3:30 1940's Memory Lane	9:30 Chair Exercises 10:00 Morning News 10:30 Bucket Ball 11:00 Hydration Time 1:30 Deal Or No Deal 3:00 Veggies & Dip 3:30 Two Truths And A Lie	9:30 Friday Fitness 10:00 New In The News 10:30 Craft Club: Scallop Shell Trinket Dish 11:00 Hydration Time 1:00 Relax & Unwind 2:00 Prize Binq 3:00 Soft Pretzel with Mustard & Cheese	9:30 Saturday Stretch 10:00 Weekend News 10:30 Morning Music Trivia 11:00 Hydration Time 1:00 1:1 Activities 1:30 Arnold Palmer's Birthday: Mini Golf & Refreshments 3:00 Energy Bites 3:30 Adult Coloring Group
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 Phillies Watch Party 1:00 Football Sunday 1:30 Front Porch Activities 3:00 Smoothie Cart 3:30 Jigsaw Puzzles	9:30 Morning Movement 10:00 Today In History 10:30 Live Entertainment with Bill Frye 11:00 Hydration Time 1:00 Music & Manicures 2:00 Prize Binq 3:00 Sundaes on Mondays	9:30 Sit & Fit 10:00 On This Date 10:30 Whiteboard Games 11:00 Hydration Time 1:30 You Be The Judge 3:00 Pita Pizzas 3:30 Left Center Right	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 A-Z Word Game 11:00 Hydration Time 1:00 Hall Walkers 1:30 Jenqa Fun 3:00 Meats & Cheeses 3:30 Social Reminisce	9:30 Chair Exercises 10:00 Morning News 10:30 Discussion Group: What Did It Cost? 11:00 Hydration Time 1:30 Cornhole Competition 3:00 Veggies & Dip 3:30 Finishing Lines	9:30 Friday Fitness 10:00 New In The News 10:30 Cooking Club: Nat'l Guacamole Day 11:00 Hydration Time 1:00 Relax & Unwind 2:00 Prize Binq 3:00 Yoqurt & Granola Parfait Cups	9:30 Saturday Stretch 10:00 Weekend News 10:30 Music Reminisce 11:00 Hydration Time 1:00 1:1 Activities 1:30 Axe Throwing 3:00 Energy Bites 3:30 Sing Along with Susie Q
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 Phillies Watch Party 1:00 Football Sunday 1:30 Weekend Crafters 3:00 Smoothie Cart 3:30 Sunday Cinema	9:30 Morning Movement 10:00 Today In History 10:30 September EZ Does It Trivia 11:00 Hydration Time 1:00 Music & Manicures 2:00 Prize Binq 3:00 Sundaes on Mondays	9:30 Sit & Fit 10:00 On This Date 10:30 Craft Club: DIY Flower Arrangements 11:00 Hydration Time 1:30 Deal Or No Deal 3:00 Pita Pizzas 3:30 Adult Coloring Group	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Live Entertainment with Lorri Woodward 11:00 Hydration Time 1:00 Hall Walkers 1:30 Bucket Ball 3:00 Meats & Cheeses 3:30 Junk Drawer Detective	9:30 Chair Exercises 10:00 Morning News 10:30 First Day Of Fall Trivia 11:00 Hydration Time 1:30 Table Top Games 3:00 Veggies & Dip 3:30 Thinklers	9:30 Friday Fitness 10:00 New In The News 10:30 TGIF Social 11:00 Hydration Time 1:00 Relax & Unwind 2:00 Prize Binq 3:00 Happy Hour Nachos	9:30 Saturday Stretch 10:00 Weekend News 10:30 Tea & Trivia 11:00 Hydration Time 1:00 1:1 Activities 1:30 Jenqa Fun 3:00 Energy Bites 3:30 Adult Coloring Group
9:30 Coffee & Chat 10:00 Sunday Service with St. Ann's 10:30 Daily Paper 11:00 Hydration Time 1:00 Phillies Watch Party 1:00 Football Sunday 1:30 Cornhole Competition 3:00 Smoothie Cart 3:30 Jigsaw Puzzles	9:30 Morning Movement 10:00 Today In History 10:30 Could You, Would You, Have You? 11:00 Hydration Time 1:00 Music & Manicures 2:00 Prize Binq 3:00 Sundaes on Mondays	9:30 Sit & Fit 10:00 On This Date 10:30 Oktoberfest Party with John Stevens 11:00 Hydration Time 1:30 The Price Is Right 3:00 Pita Pizzas 3:30 History & Myth	9:30 Light & Lively Exercise 10:00 Daily Chronicle 10:30 Craft Club: Fall Craft 11:00 Hydration Time 1:00 Hall Walkers 2:00 RESIDENT COUNCIL 3:00 Meats & Cheeses 3:30 Dice Game	9:30 Chair Exercises 10:00 Morning News 10:30 Guess The Lyrics 11:00 Hydration Time 1:30 Puzzle Social 3:00 Veggies & Dip 3:30 Remember When..	9:30 Friday Fitness 10:00 Bible Study with Chaplain Thad 10:30 New In The News 11:00 Hydration Time 1:00 Relax & Unwind 2:00 Prize Binq 3:00 Breads & Spreads	*Calendar is subject to change to meet the needs of residents. Covid-19 precautions are in place.*